



# September 2018

## *Caring for Missionaries Around the Globe*

### WHAT WE DO

It may be a bit abstract to say that we give emotional and spiritual support to missionaries. Here is a sample of some of the specific situations we are working with at the moment. No names, of course.

- ◇ One man returned home to check with US doctors about a serious heart problem.
- ◇ A young couple is progressing with citizenship for the wife.
- ◇ Several missionaries are struggling because of insufficient financial support.
- ◇ One of our workers will soon have to deal with someone following him around, any time he is in the restricted country where he ministers.
- ◇ Massive inflation is affecting workers in South America.
- ◇ Several workers are dealing with major health concerns.

### STRESS

Stress is a part of modern life. We all experience stress in varying levels. Bad stress might come from losing your job or finding out about having cancer. You might have good stress from a job promotion, a new home, or the birth of a child. Missionaries often have greater levels of stress because of the cumulative effect of leaving home and friends, moving to a new culture, changing jobs, and learning a new language. On top of that they are far away from family and friends who also have to face birth and death and joys and sorrows,

We now have the Cerny Smith stress assessment tool available for our missionaries. It can be taken online 24/7 and I have been trained to help our workers use this tool for their benefit.

More news coming soon. Thanks for your prayers and support.



*- Ken & Becky Holderman*

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